

I am not bad. I was thinking of the immediate future of the baby. And when I pay the penalty I will be a good mother to him, and a good wife to Will, for he is the only man I ever loved. I was young and foolish when I married him, but I have learned a lesson from experience."

"That is her story, just as she told it. Attaches of the station do not think the girl is bad. The

judge doesn't think she is a deliberate wrong-doer. But he will, under the strict and unsympathetic law, have to hold her to the grand jury. Her fate will rest with the criminal court.

From a strictly legal standpoint she is guilty. But from the standpoint of society, of humanity, justice would be better served from all angles were she told: "Go and sin no more."

THE CARE AND CURE OF THE EYES

By W. C. Cotton, M. D.

The eye is the most delicate organ in the human body, and one that is certainly as valuable to us as any other outside the very vitals, yet it is generally treated as if it were made of gutta serena and were fool-proof.

Then, when it breaks down under the strain of ill usage we put on glasses and think we are playing hard luck. Really we get just what we have coming to us.

It's time we were learning how to take care of the eyes. The conditions under which folks live and work in this day are new and we must adjust ourselves to them or become a race of moles. Here are some of the things we must learn to do:

To avoid direct sunlight if working at anything that requires eye strain. Artists, engravers, bookkeepers and the like should work in light from north or east windows.

To use window shades of light neutral tones of blue or gray—avoiding bright colors, avoiding

especially yellow and light green.

To protect the eyes from direct artificial light by a visor.

To see that the walls surrounding desks or work tables are colored so as to afford the maximum of rest to the eyes when they are not bent on the work in hand. Pompeian red, terra cotta, coffee color, Cobalt blue and neutral grays are good because they reflect little light.

To drop everything and consult an oculist the moment our eyes begin to fail us; and to keep away from mere "opticians" whose business is to sell spectacles.

The wife who suspects that all other women are after her husband is overestimating that gentleman's drawing power about 8,000 per cent.

There are no real "candy kids" since they did away with the little peppermint hearts of long ago, on which were printed loving verse-lets in red ink.